



The Tullamore Traveller Movement was launched in 1996 as a response to the needs of the local Traveller community. We have since become the Offaly Traveller Movement (OTM) and continue to work for Traveller rights and social justice throughout the county. We are a community development organisation offering programmes and services responding to health, accommodation, youth, education, enterprise and human rights issues.

Our Vision: Full equality and social justice for Travellers in County Offaly

Our Mission: To empower Travellers and to work as a partnership of Travellers and settled people to achieve equality and social justice for Travellers in County Offaly

OTM Believes in:

- Travellers as a Nomadic Ethnic Group
- Equality
- Social Justice

OTM Is Committed to:

- Human Rights
- Community Development
- Empowerment
- Participation
- Partnership



Other support available through the Offaly Traveller Movement includes:

A Primary Healthcare Programme for Travellers

A youth and education programme

An accommodation support service

A men's health programme

A community development for health programme

The OTM horse project

Anti-discrimination support

Referral pathways to other agencies and services

For more information please visit our website at:

www.otm.ie



The Offaly Traveller Movement

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TRAVELLING TO WELL BEING

The service aims to reduce the stigma around mental health and suicide in the Traveller community.

The Travelling to Wellbeing service was developed to support individualised recovery plans/programmes with Travellers experiencing mental health issues.

The service will develop a culturally appropriate recovery model using a community development approach.

In developing the service we will address inequalities by working with Travellers and service providers to deepen their understanding, improve referral pathways and aid recovery.

THE BENEFITS

- Travellers will get the support they need to aid their recovery from mental health issues.
- We will work with at least 40 clients on individual recovery plans.
- Travellers will become more informed, confident and supported in their recovery and in using other services.
- Services will be better informed, supported, effective and confident in responding to the needs of Travellers.
- Stronger and more responsive pathways will be forged with services.
- Culturally appropriate recovery plans will be developed which will be a resource for other services.

GUIDING PRINCIPLES

Travelling to Well Being will be based on a number of guiding principles:

- The service will work on Community Development principles and practice.
- Travellers are active participants in all aspects of the service and are supported throughout.
- The service strives to effect change in empowering clients to address their mental health and help to de-stigmatise mental health.

HOW WE DO IT

We are a team of 4 professionals. 3 Mental Health Social Workers and 1 Mental Health Family Support Worker with expertise in Art Therapy:

- We work with Travellers on a 1:1 basis to support their journey to recovery.
- Each person's recovery plan is unique to them and they are the "expert" in how they travel their journey.
- We work with a range of other agencies and value partnership working.
- We work within a framework of human rights and equality.

WHO WE ARE

At the Offaly Traveller Movement, our vision is full equality and social justice for Travellers in County Offaly, and our mission is to empower Travellers and to work as a partnership of Travellers and settled people, achieving equality and social justice for Travellers in County Offaly.

The Travelling to Well Being Service is funded by Genio, an organisation that brings together government and philanthropy to develop, test and scale cost-effective ways of supporting people who are disadvantaged to live full lives in their communities. Genio's vision is that of a society that benefits by valuing all of its citizens.

The Travelling to Wellbeing service is a partnership between the Offaly Traveller Movement and three other Traveller projects:

Offaly Traveller Movement (Tullamore)

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Exchange House Travellers Service (Dublin)

Contact: Paul Nugent: 01 872 1094

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